

Subject: FW: Over-the-hill Jokes

Some jokes are funny because they're true.

Like, you know you're over-the-hill when ...

1. You and your teeth don't sleep together anymore
2. It takes longer to rest than it did to get tired in the first place
3. Getting lucky means you found your car in the parking lot.

But a lot of the "Over the hill" jokes and so-called "common-knowledge" about aging are just flat out wrong. And if you accept them, they can ruin your quality of life.

Take back-pain for example.

Most folks would say, "You know you're over-the-hill when your back goes out but you stay home."

I hate that one because it's a flat-out-lie.

Back-pain is only a part of getting older if you let it be.

If you suffer from back-pain, sciatica or a herniated disc you know how hard it is to do the things you love. It can stop you from playing golf or tennis or picking up your grandkids.

It slows you down and makes you FEEL old.

So I have GREAT NEWS for you today:

I've arranged for you to get exclusive FREE access to the Healthy Back Institute's Back Pain Relief Guide.



Over 500,000 people have used the information and strategies in this guide to get rid of their back-pain.

Just listen to what other back-pain sufferers are saying ...

- **"This is UNREAL...** I never would have thought something so simple could get rid of over **5 years of constant, chronic back pain.**" - **George Santos, Atlanta, GA**

- **"I've been pain free for the last 8 weeks. And I mean PAIN FREE for the FIRST TIME in over 15 years!"** - **Mark A. Visalia, CA**

- **"I experienced wonderful relief from my pain the very first day I used your system. I've had back pain for 20 years and now it's gone... it's amazing!"** -**Robert English, Queensland, Australia**

- **"It took just 2 weeks** for my sciatic condition to improve dramatically. I'm even playing golf again!" - **Donald D., Arapaho, OK**

Getting older has enough issues surrounding it, the good news is back-pain, sciatica or herniated discs don't have to be problems you suffer from any longer.

[Just click here to get your FREE copy of The Healthy Back Institute's Back-Pain Relief Guide today.](#)

Sincerely,

SENDERS NAME

P.S. This even helps "lost-causes" when the doctors, chiropractors and everyone else has given up on you. Just listen to Carole's story ...

"I've been dealing with back pain for over 30 years... and 3 surgeons, (2 orthopedic and one neurosurgeon) are all just dying to get a hold of me. They ALL say I need surgery. Thanks to you, I'm not having surgery!" - **Carole Gardner**

If back-pain of any kind is making your life harder than it has to be I urge you [to click here now and get the Back-Pain Relief Guide that's worked miracles for so many people.](#) **Absolutely FREE!** You'll see why back-pain sufferers the world over are calling The Healthy Back Institute "miracle workers."

